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**RELAXATION AND REHABILITATION PRICE LIST
SPA & WELLNESS AND
REHABILITATION TREATMENTS**

Welcome to Esplanade Spa & Wellness facility, the perfect place to indulge your body & soul at the Esplanade Spa & Golf Resort hotel.

①
Please use your bathrobe and slippers, which are available in your room, to have access to the Spa & Wellness facility.

②
Please leave valuables in the safe deposit box in your room, as we can not guarantee the security of these items.

③
The Spa & Wellness treatments you select will be reserved particularly for you.

④
We suggest you to arrive 10 minutes before your treatment begins, to have a time to register.

⑤
In a case of late arrival, the treatment duration will be shortened accordingly out of respect for the following client and charged in full cost.

⑥
In case of cancelation less than 24 hours before the treatment, 50 % of the treatment full cost will be charged.

⑦
In case of cancelation less than 1 hour before the treatment or no-show, the total price of the treatment will be charged.

⑧
The Spa & Wellness facility is a peaceful and relaxed environment. Please respect the quiet and privacy of other guests by refraining from using cell phones, also ask that you speak softly or simply enjoy the silence.

*Thank you for your cooperation
and enjoy the magic of each moment...*

A M B A S S A D O R G R O U P



www.ambassador.cz



www.esplanade-marienbad.cz

Prices in €
are only
informative.
Kč €

MEDICAL PERFORMANCE

* Entry medical diagnostic and examination	up to 30 min.	1400	56
* Urgent medical client examination		3750	150
* Medical check-up	up to 20 min.	900	36
* Filling of prescription		300	12
* Medical consultation	up to 10 min.	500	20
* EKG calm status		700	28

PHYSICAL THERAPY

Oxygen therapy	50 min.	850	34
Individual inhalation with natural mineral spring	15 min.	500	20
* Electronic and ultrasonic treatment	5-10 min.	600	24
Dry carbon gas bath	30 min.	750	30
Gas CO ₂ injection	1 session	600	24
Solarium	10 min.	600	24
Solux		250	10

WRAPPING THERAPY

* Mineral full body peat wrap – legs, arms, back	20 min.	1100	44
Partial mineral peat wrap – back	20 min.	950	38
Partial paraffin wrap – back	20 min.	950	38
coconut/lavender/chocolate/whisky			

SPECIALIZED REHABILITATION TREATMENTS

Presojet – lymphatic device drainage	40 min.	1100	44
Presojet – support of circulatory system	40 min.	1100	44
Presojet – support of weight loss and muscle strengthening	40 min.	1100	44
Presojet – anti-cellulite program	40 min.	1100	44
Thermojet – Anti-cellulite therapy with heat	40 min.	1100	44
Thermojet + Presojet	45 min.	1600	64

TECAR THERAPI

Treatment based on radiofrequency waves

Anti-cellulite programs:			
Front part of the thighs	25 min.	900	36
Back part of the thighs	25 min.	900	36
Buttocks	25 min.	900	36
Calves	25 min.	900	36
Stomach	15 min.	600	24

The procedure can be applied to the affected area only 1× week!

Procedures marked with * do require medical examination.

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REHABILITATION BATH TREATMENTS

Floating – relaxation bath in the water from the Dead Sea	2 Persons, 50 min.	1750	70
Hydroxer bath – underwater relaxation and massage bath	20 min.	1100	44
Natural mineral bath with CO ₂	20 min.	850	34
Relaxation bath with oil	20 min.	850	34
Relaxation milk bath	20 min.	850	34
Relaxation salt bath	20 min.	850	34
Relaxation herb bath	20 min.	850	34
Mineral peat bath	20 min.	950	38
Underwater automatic full body bath	20 min.	850	34
Underwater pressure manual massage	20 min.	950	38
Sparkling bath with salt Yamona	20 min.	850	34
Vibrating and pearl foot bath massage	20 min.	750	30
Children's magic bath	20 min.	750	30

REHABILITATION MESSAGES

Classic full body massage	55 min.	1750	70
Classic partial body massage	25 min.	1100	44
Honey massage	25 min.	1100	44
Relaxation foot massage	25 min.	1100	44
Reflexology foot massage	55 min.	1750	70
Reflexology foot massage	25 min.	1100	44
Thai foot massage	55 min.	1750	70
Indian head massage	25 min.	1100	44
Manual lymphatic drainage – legs	40 min.	1400	56
Manual lymphatic drainage – arms	40 min.	1400	56
Children's partial body massage	20 min.	750	30
Ear plugs	20 min.	900	36

REHABILITATION TREATMENTS

Private Roman spa	1-2 guests, 1 hour	900	36
	additional person	500	20
Private Roman spa	1-2 guests, 2 hours	1400	56
	additional person	500	20

Sauna, sanarium, steam bath, plunge pool with fresh flow natural water – without chlorides.

Swimming pool – upstream, Marien's springs		300	12
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Pearl bath massage is not included in the swimming pool fee.

Pearl flesh and fell massage in the swimming pool	15 min.	450	18
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* Swimming pool group exercise	from 5 people, 20 min.	300	12
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* Individual therapeutic gymnastics	20 min.	725	29
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Fitness – 18 professional gym machines (Grünn Profi)		free of charge	
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TRADITIONAL THAI MASSAGE

Reservation available only at hotel reception (available only on Saturday)

Traditional Thai massage	55 min.	1800	72
Traditional Thai massage	85 min.	2400	96
<i>Thai massage consists of action of the force on pressure points, relieves the muscles, joints, sineus and feet. Stretches out the spine and brings the body an overall physical and mental relief.</i>			
Thai foot Nirvana massage	55 min.	1800	72
Thai foot Nirvana massage	85 min.	2400	96
<i>Foot Nirvana is an ancient form of massage. Reflex foot massage is good for improving the functions of internal organs, including the blood and lymph circulation.</i>			
Thai Aroma massage	55 min.	1900	76
Thai Aroma massage	85 min.	2600	104
<i>Thai Aroma massage is a lighter form of traditional Thai massage, where the pressure on different pressure points is not as intense; it is actually a relaxing massage, with the use of oil.</i>			
Thai Back special massage	55 min.	1800	72
<i>Special combination of massage techniques with the use of revealing kaffir and menthol balms, concentrating mainly at neck, head and lumbar area with special care for the isciatical nerve.</i>			
Lulur Exotic	85 min.	2400	96
<i>Reactivates circulation and improves the tone of tissues. Cleansing, nourishing and refining effects.</i>			
Aromatic Candle massage	55 min.	1900	76
Aromatic Candle massage	85 min.	2400	96
<i>Unique massage with candles chosen according to the signs of Zodiac. Nourishes and softens up the skin.</i>			
Pepper massage	85 min.	2400	96
<i>Effective anti-cellulite massage with essential pepper products (includes peeling). Anti-stress, anti-cellulite, wrinkle reduction and lymph release.</i>			
Oiloil massage	85 min.	2400	96
<i>Revitalizing, anti-ageing, modeling massage charged with vitamins, stimulating the formation of elastin and collagen (includes peeling).</i>			
Energy massage	55 min.	1800	72
Energy massage	85 min.	2400	96
<i>Sport Reflex Massage that reveals spine, reduces pain, migrens and tension (includes peeling).</i>			
Thai massage Ritual	85 min.	2400	96
Thai massage Mamma	55 min.	1800	72
Thai massage Hamman Body Spa	55 min.	2200	88
Thai Dead Sea Salt Peeling	55 min.	1800	72
Tibet massage	85 min.	2400	96
<i>Drainage massage with essential oils and packages stuffed with mixture of Dead sea salt and small lava stones.</i>			

WRAPS AND PEELINGS PRICES

Rubbing glove massage	55 min.	1800	72
<i>Exfoliation, skin perfusion and oil massage (includes peeling).</i>			
Coconut dream	55 min.	1900	76
Coconut dream	85 min.	2400	96
<i>Full body nourishing massage with warm coconut bags.</i>			