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**RELAXATION AND REHABILITATION PRICE LIST  
SPA & WELLNESS AND  
REHABILITATION TREATMENTS**

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**Welcome to Esplanade Spa & Wellness facility, the perfect place to indulge  
your body & soul at the Esplanade Spa & Golf Resort hotel.**

**①  
Please use your bathrobe and slippers, which are available in your room, to have access to  
the Spa & Wellness facility.**

**②  
Please leave valuables in the safe deposit box in your room, as we can not guarantee the  
security of these items.**

**③  
The Spa & Wellness treatments you select will be reserved particularly for you.**

**④  
We suggest you to arrive 10 minutes before your treatment begins, to have a time to  
register.**

**⑤  
In a case of late arrival, the treatment duration will be shortened accordingly out of  
respect for the following client and charged in full cost.**

**⑥  
In case of cancelation less than 24 hours before the treatment, 50 % of the treatment full  
cost will be charged.**

**⑦  
In case of cancelation less than 1 hour before the treatment or no-show, the total price of  
the treatment will be charged.**

**⑧  
The Spa & Wellness facility is a peaceful and relaxed environment. Please respect the quiet  
and privacy of other guests by refraining from using cell phones, also ask that you speak  
softly or simply enjoy the silence.**

*Thank you for your cooperation  
and enjoy the magic of each moment...*

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A M B A S S A D O R   G R O U P



[www.ambassador.cz](http://www.ambassador.cz)



[www.esplanade-marienbad.cz](http://www.esplanade-marienbad.cz)

*Prices in €*  
*are only*  
*informative.*  
 Kč      €

### MEDICAL PERFORMANCE

* Entry medical diagnostic and examination . . . . .	up to 30 min.	1400	56
* Urgent medical client examination . . . . .		3750	150
* Medical check-up . . . . .	up to 20 min.	900	36
* Filling of prescription . . . . .		300	12
* Medical consultation . . . . .	up to 10 min.	500	20
* EKG calm status . . . . .		700	28

### PHYSICAL THERAPY

Oxygen therapy . . . . .	50 min.	850	34
Individual inhalation with natural mineral spring . . . . .	15 min.	500	20
* Electronic and ultrasonic treatment . . . . .	5–10 min.	600	24
Dry carbon gas bath . . . . .	30 min.	750	30
Gas CO <sub>2</sub> injection . . . . .	1 session	600	24
Solarium . . . . .	10 min.	600	24
Solux . . . . .		250	10

### WRAPPING THERAPY

* Mineral full body peat wrap – legs, arms, back . . . . .	20 min.	1100	44
Partial mineral peat wrap – back . . . . .	20 min.	950	38
Partial paraffin wrap – back . . . . .	20 min.	950	38
coconut/lavender/chocolate/whisky			

### SPECIALIZED REHABILITATION TREATMENTS

Presojet – lymphatic device drainage . . . . .	40 min.	1100	44
Presojet – support of circulatory system . . . . .	40 min.	1100	44
Presojet – support of weight loss and muscle strengthening . . . . .	40 min.	1100	44
Presojet – anti-cellulite program . . . . .	40 min.	1100	44
Thermojet – Anti-cellulite therapy with heat . . . . .	40 min.	1100	44
Thermojet + Presojet . . . . .	45 min.	1600	64

### TECAR THERAPI

#### Treatment based on radiofrequency waves

Anti-cellulite programs:			
Front part of the thighs . . . . .	25 min.	900	36
Back part of the thighs . . . . .	25 min.	900	36
Buttocks . . . . .	25 min.	900	36
Calves . . . . .	25 min.	900	36
Stomach . . . . .	15 min.	600	24

The procedure can be applied to the affected area only 1× week!

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### REHABILITATION BATH TREATMENTS

Floating – relaxation bath in the water from the Dead Sea . . . . .	2 Persons, 50 min.	1750	70
Hydroxer bath – underwater relaxation and massage bath . . . . .	20 min.	1100	44
Natural mineral bath with CO <sub>2</sub> . . . . .	20 min.	850	34
Relaxation bath with oil . . . . .	20 min.	850	34
Relaxation milk bath . . . . .	20 min.	850	34
Relaxation salt bath . . . . .	20 min.	850	34
Relaxation herb bath . . . . .	20 min.	850	34
Mineral peat bath . . . . .	20 min.	950	38
Underwater automatic full body bath . . . . .	20 min.	850	34
Underwater pressure manual massage . . . . .	20 min.	950	38
Sparkling bath with salt Yamona . . . . .	20 min.	850	34
Vibrating and pearl foot bath massage . . . . .	20 min.	750	30
Children's magic bath . . . . .	20 min.	750	30

### REHABILITATION MESSAGES

Classic full body massage . . . . .	55 min.	1750	70
Classic partial body massage . . . . .	25 min.	1100	44
Honey massage . . . . .	25 min.	1100	44
Relaxation foot massage . . . . .	25 min.	1100	44
Reflexology foot massage . . . . .	55 min.	1750	70
Reflexology foot massage . . . . .	25 min.	1100	44
Thai foot massage . . . . .	55 min.	1750	70
Indian head massage . . . . .	25 min.	1100	44
Manual lymphatic drainage – legs . . . . .	40 min.	1400	56
Manual lymphatic drainage – arms . . . . .	40 min.	1400	56
Children's partial body massage . . . . .	20 min.	750	30
Ear plugs . . . . .	20 min.	900	36

### REHABILITATION TREATMENTS

Private Roman spa . . . . .	1–2 guests, 1 hour	900	36
	additional person	500	20
Private Roman spa . . . . .	1–2 guests, 2 hours	1400	56
	additional person	500	20
<i>Sauna, sanarium, steam bath, plunge pool with fresh flow natural water – without chlorides.</i>			
Swimming pool – upstream, Marien's springs . . . . .		300	12
Pearl bath massage is not included in the swimming pool fee.			
Pearl flesh and fell massage in the swimming pool . . . . .	15 min.	450	18
* Swimming pool group exercise . . . . .	from 5 people, 20 min.	300	12
* Individual therapeutic gymnastics . . . . .	20 min.	725	29
Fitness – 18 professional gym machines (Grünn Profi) . . . . .		free of charge	

Procedures marked with \* do require medical examination.

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### TRADITIONAL THAI MASSAGE

Reservation available only at hotel reception (Friday–Sunday)

<b>Traditional Thai massage</b> . . . . .	55 min.	1800	72
<b>Traditional Thai massage</b> . . . . .	85 min.	2400	96
<i>Thai massage consists of action of the force on pressure points, relieves the muscles, joints, sinews and feet. Stretches out the spine and brings the body an overall physical and mental relief.</i>			
<b>Thai foot Nirvana massage</b> . . . . .	55 min.	1800	72
<b>Thai foot Nirvana massage</b> . . . . .	85 min.	2400	96
<i>Foot Nirvana is an ancient form of massage. Reflex foot massage is good for improving the functions of internal organs, including the blood and lymph circulation.</i>			
<b>Thai Aroma massage</b> . . . . .	55 min.	1900	76
<b>Thai Aroma massage</b> . . . . .	85 min.	2600	104
<i>Thai Aroma massage is a lighter form of traditional Thai massage, where the pressure on different pressure points is not as intense; it is actually a relaxing massage, with the use of oil.</i>			
<b>Thai Back special massage</b> . . . . .	55 min.	1800	72
<i>Special combination of massage techniques with the use of revealing kaffir and menthol balms, concentrating mainly at neck, head and lumbar area with special care for the isciatic nerve.</i>			
<b>Lulur Exotic</b> . . . . .	85 min.	2400	96
<i>Reactivates circulation and improves the tone of tissues. Cleansing, nourishing and refining effects.</i>			
<b>Aromatic Candle massage</b> . . . . .	55 min.	1900	76
<b>Aromatic Candle massage</b> . . . . .	85 min.	2400	96
<i>Unique massage with candles chosen according to the signs of Zodiac. Nourishes and softens up the skin.</i>			
<b>Pepper massage</b> . . . . .	85 min.	2400	96
<i>Effective anti-cellulite massage with essential pepper products (includes peeling). Anti-stress, anti-cellulite, wrinkle reduction and lymph release.</i>			
<b>Oiloil massage</b> . . . . .	85 min.	2400	96
<i>Revitalizing, anti-ageing, modeling massage charged with vitamins, stimulating the formation of elastin and collagen (includes peeling).</i>			
<b>Energy massage</b> . . . . .	55 min.	1800	72
<b>Energy massage</b> . . . . .	85 min.	2400	96
<i>Sport Reflex Massage that reveals spine, reduces pain, migrens and tension (includes peeling).</i>			
<b>Thai massage Ritual</b> . . . . .	85 min.	2400	96
<b>Thai massage Mamma</b> . . . . .	55 min.	1800	72
<b>Thai massage Hamman Body Spa</b> . . . . .	55 min.	2200	88
<b>Thai Dead Sea Salt Peeling</b> . . . . .	55 min.	1800	72
<b>Tibet massage</b> . . . . .	85 min.	2400	96
<i>Drainage massage with essential oils and packages stuffed with mixture of Dead sea salt and small lava stones.</i>			

### WRAPS AND PEELINGS PRICES

<b>Rubbing glove massage</b> . . . . .	55 min.	1800	72
<i>Exfoliation, skin perfusion and oil massage (includes peeling).</i>			
<b>Coconut dream</b> . . . . .	55 min.	1900	76
<b>Coconut dream</b> . . . . .	85 min.	2400	96
<i>Full body nourishing massage with warm coconut bags.</i>			