

RELAXATION AND REHABILITATION CENTRUM SPA & WELLNESS - THERMO - BALNEO - PRICE LIST

**€50 - 3 Treatments package per day according to the guest's choice
or doctor's or hotel medical staff recommendation**

Medical Performance

EUR

- * Entry medical diagnostic or examination to 30 min. (not included in package) extra charge 35,00
- * Medical check-up to 20 min. (not included in package) extra charge 25,00
- * Medical consultation up to 10min. (not included in package) extra charge 17,00
- * EKG calm status
- Blood pressure measurement 7 x
- * Ergo metrical training (blood pressure and heart beat check)

Physical Therapy

- * 1 hour under ergo meter load by prof. Arden
- * Individual inhalation - 15 min.
- * Electronic or ultrasonic treatment
- * Magnetic field treatment
- * Gas injection - 1 session
- Dry gas bath 30 min.
- Solux

Rehabilitation Bath Treatments

Hotel Esplanade is using mineral water with CO₂ „St. Maria - Eva“

Carbon dioxide natural bath with CO₂ additives 20 min.

Relaxation bath with aroma oils or mineral additives 20 min.

Underwater pressure manual massage 20 min.

- * Mineral slime peat bath 20 min.

Underwater automatic full body bath 20 min.

Procedures marked with * do require medical examination

Rehabilitation Wraps

- * Mineral full body slime peat wrap (legs, arms, back) 20 min.
- * Partial mineral slime peat wrap (back) 20 min.
- Paraffin hands wrap
- Paraffin legs wrap

Rehabilitation Exercise

- Swimming pool group exercise 20 min.
- Individual therapeutic gymnastics 20 min.
- Fitness - 18 professional gym machines (Grünn Profi)

Rehabilitation Massages

- Pearl flesh and fell massage in the swimming pool 15 min.
- Underwater pressure manual massage 20 min.
- Classic partial massage 25 min.
- * Reflex massage (back) 25 min.
- Reflexology foot massage 25 min.
- Honey massage 25 min.

Specialized Rehabilitation Women Treatments

- * Presojet - lymphatic device drainage 25 min.
- Dermajet - deep tissue massage with ultrasonic therapy 25 min.
- Thermojet - ultraviolet glow with heating therapy 25 min.

Procedures marked with * do require medical examination

Additional spa & wellness & rehabilitation treatments can be ordered according to the attached price list.

A M B A S S A D O R G R O U P



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